



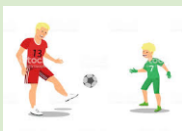




How will I organise the days?

Year 1 and Year 2

We recognise that this is a very worrying and difficult time for families with the closure of schools and concerns about how to keep children occupied. Below, we have suggested a timetable that would allow the children to complete activities in a structured way and to try to help you to manage the time they will be at home. ***You are not expected to follow this,*** but it will provide an idea of how you could create much needed structure. Remember, talk to your child about the importance of structure and work and get them involved in designing their days and weeks.

Before 9 am	Wake Up		Have breakfast Get dressed Tidy room
09:00-10:00	Academic Time English		Log on to Lexia Practise spellings and handwriting
10:00-11:00	Exercise Time		Morning walk or indoor exercise. HIIT from YouTube/ Yoga/Circuits
11:00-12:00	Academic Time Topic Time		Complete an activity from your topic homework
12:00-13:00	Lunchtime		Help make lunch and prepare for the family to eat
13:00-13:30	Academic Time Mathletics Time		Complete set activities from Mathletics
13:30-14:15	Creative Time		Lego, drawing, junk modelling, colouring, craft activities (might be from your topic) singing, music, cooking and baking
14:15-14:45	Active Time		Play outside or in the garden, create a dance Just Dance and Go Noodle activities from YouTube
14:45-15:15	Academic Time Reading		Reading for enjoyment. Choose a book to read with an adult
15:15-16:00	Creative Time		Lego, drawing, junk modelling, colouring, craft activities (might be from your topic) singing, music, cooking and baking
16:00-17:00	Electronic Time		Your opportunity to use iPads, Nintendo switch etc.