

How will I organise the days?

Year 3 to Year 6

We recognise that this is a very worrying and difficult time for families with the closure of schools and concerns about how to keep children occupied. Below, we have suggested a timetable that would allow the children to complete activities in a structured way and to try to help you to manage the time they will be at home. ***You are not expected to follow this***, but it will provide an idea of how you could create much needed structure. Remember, talk to your child about the importance of structure and work and get them involved in designing their days and weeks.

Before 9 am	Wake Up		Have breakfast Get dressed Tidy room
09.00-09:45	Academic Time Reading Plus		Log on to Reading Plus Complete two reading activities.
10.00-11.00	Exercise Time		Morning walk or indoor exercise HIIT from YouTube/ Yoga/Circuits
11.00-12.00	Academic Time Topic Time		Complete an activity from your topic homework.
12.00-13.00	Lunchtime		Help make lunch and prepare for the family to eat
13.00-13:45	Academic Time Mathletics Time		Complete set activities from Mathletics
13:45-14:45	Creative Time		Lego, drawing, colouring, craft activities (might be from your topic) singing, music, cooking and baking
14:45-15:15	Quiet Time		Relax with a book, play a board game, watch a TV programme
15:15-15:35	Academic Time TT Rockstars		Test your times tables knowledge.
15:35-15:00	Time for Fresh Air		Try to get outside to get some fresh air. Kick a ball around/practise throwing and catching/hit a tennis or cricket ball/run.
16:00-17:00	Electronic Time		Your opportunity to use I-Pads, Nintendo switch etc.